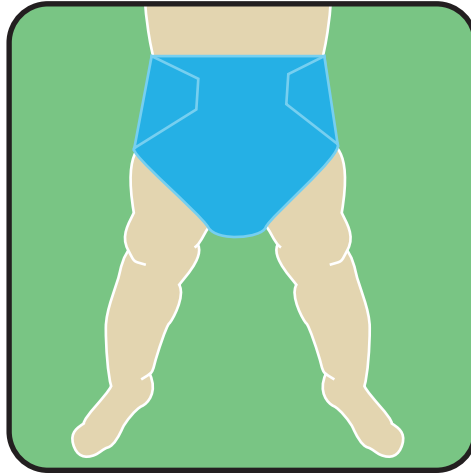


# Disposable Diapers for Daddies



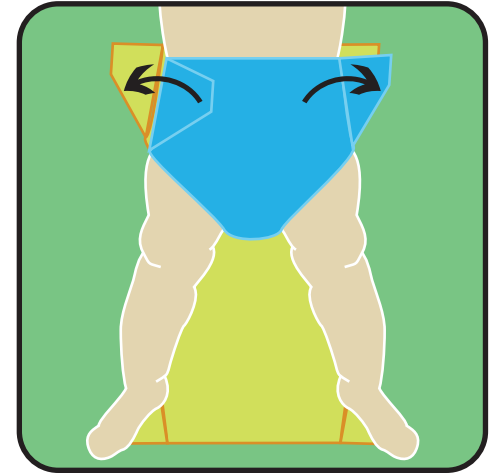
**Step 1:** Wash your hands. Collect the necessary supplies (clean diaper, wipes, creams and powders).



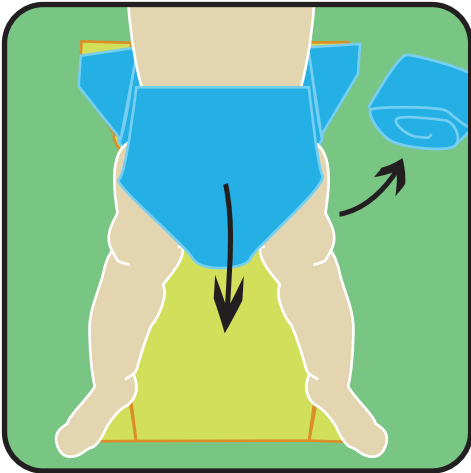
**Step 2:** Place baby on the changing table or mat. **Do not walk away!** Remove baby's clothing.



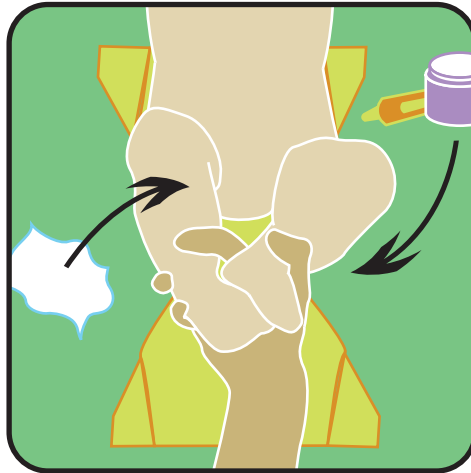
**Step 3:** Grasp baby gently by the ankles, and lift baby's hips and bottom off the mat. Slide clean diaper under baby's bottom.



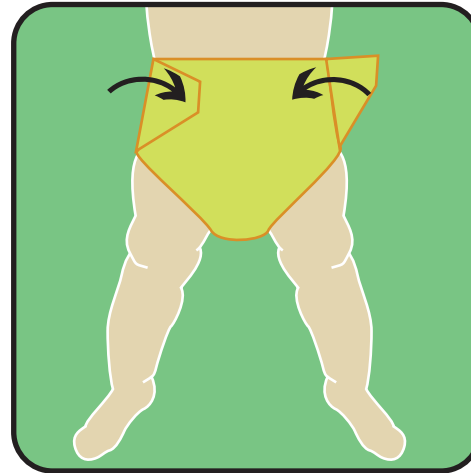
**Step 4:** Peel back the sticky tabs that keep the diaper closed. Stick tabs to themselves to keep adhesive away from baby's skin.



**Step 5:** Remove the dirty diaper, using the front half to wipe down and toward the bottom. Roll up dirty diaper and place out of baby's reach.



**Step 6:** Again grasp baby gently by the ankles. Wash baby with wipes and apply any powders or creams as prescribed by the doctor.



**Step 7:** Fold the front part of the clean diaper up to baby's stomach. Fasten the diaper with the sticky tabs. Remove baby from the changing table.



**Step 8:** Properly dispose of the dirty diaper and used wipes. Clean and disinfect the changing area, and wash your hands again.